

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **New!** The American College for Preventative Medicine (ACPM) developed a Community-Clinical Linkages to Promote Brain Health toolkit. The toolkit offers practical guidance, case studies, and educational to help healthcare providers integrate brain health initiatives into their systems. [Download the toolkit here.](#)
- **New!** The Centers for Disease Control and Prevention released a Morbidity and Mortality Weekly Report on Changes in Health Indicators among Caregivers. BRFSS data was analyzed to compare the health of caregivers and non-caregivers from 2015-2016 to 2021-2022. Results show that caregivers experience more mental distress, depression, and chronic physical conditions in recent years. [Learn more and read the report here.](#)
- **New!** The Administration for Community Living (ACL) released their 2024 Federal Progress Report on the 2022 National Strategy to Support Family Caregivers. The report shows remarkable progress with nearly all 350 actions either complete or underway. Federal agencies have also committed to 40 new actions. [Read the report and access the data tables here.](#)

Funding Opportunities

BMBH EMERGING SCHOLARS PROGRAM

Deadline: September 30, 2024

The 2024-2025 Cohort Application is available for early and mid-career investigators examining brain aging among Black men. During this 15-month program, Scholars will network with brain health experts and local community organizations.



Trainings and Webinars

- Oct 1**
9 AM PST **PHCOE-DC:** State Policies on Caregiving: Opportunities for Supporting Dementia Caregivers. [Register Now.](#)
- Oct 10**
10 AM PST **PHCOE-DC:** Successful Public Health Approaches in Dementia Caregiving: Colorado. [Register Now.](#)
- Oct 10**
10 PM PST **UsAgainstAlzheimer's:** Brain Health Academy - Physical Activity and Dementia. [Register Now.](#)
- Oct 16**
11 AM PST **NADRC:** Choosing, Implementing, and Evaluating Dementia Programs. [Register Now.](#)
- Oct 16-17**
9 AM PST **UsAgainstAlzheimer's:** The 2024 National Alzheimer's Virtual Summit. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Sep 28**
10:30 AM PST **Alzheimer's LA:** Addressing Memory Concerns for African Americans. In person event at 321 N. Eucalyptus Ave, Inglewood, CA 90302.
- Oct 1**
10 AM PST **Alzheimer's LA:** Lost Memories/Recuerdos Perdidos Season 2 Screening in Spanish. In-person event at Belevdere Park Senior Center: 4914 E. Cesar Chavez Ave. LA, CA 9022.
- Oct 5**
10 AM PST **Alzheimer's LA:** Healthy Brain Habits. Virtual class. [Register now.](#)
- Oct 17**
5 PM PST **Alzheimer's LA:** Lost Memories/Recuerdos Perdidos Season 3 Screening in Spanish. In-person event at 1000 Fremont Ave. Alhambra, CA 91803.

In the Spotlight - ONEcaregiver Resource Center

The ONEcaregiver Resource Center is a new centralized hub offering over 200 resources for professionals, adults with intellectual and developmental disabilities, caregivers, and families. It also features an archived educational training page with past webinars on a variety of topics. Funded by the Administration for Community Living, the platform was developed by ONEgeneration, an intergenerational services provider that offers programming for older adults, children, their caregivers, and families in Los Angeles County. Established in 1978, ONEgeneration's 3 sites are in the San Fernando Valley, Los Angeles County's largest aging community. Their programs provide caregiver support and respite, housing resources to keep older adults from homelessness, disease prevention, health promotion and food insecurity interventions, mental health services, case management and support for kinship families.

[Learn more about the ONEcaregiver Resource Center.](#)

Spotlight Resource: NTG-EDSD Screening Tool

The National Task Group – Early Detection Screen for Dementia (NTG-EDSD) was created in 2013 for use as an administrative screen for mild cognitive impairment (MCI) or dementia in adults with an intellectual disability. It is an easy-to-use checklist that can help family members, clinicians, and service providers make note of suspected behavioral changes. This validated tool is also available in several languages including Spanish and French.

[Access the NTG-EDSD Tool and Quick Guides for Physicians, Families, and Support Care Staff.](#)

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



Featured Resources

- TOOLKIT NEW**
[American College Preventative Medicine \(ACPM\) developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)
- COMMUNITY RESOURCE**
[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- COMMUNITY RESOURCE**
[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)
- LEARNING MODULE**
[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)
- COMMUNITY RESOURCE**
[BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).